

# Safe Behaviours

## Safe and Unsafe Behaviours in Karting

### What Can I Expect of Adults at Karting?

You should always feel safe and welcome when you are at a karting club, event, or practice. We want you to be safe, feel safe and drive safe.

All adults are expected to help make this happen by making sure their behaviour is safe and appropriate and makes you feel like you want to keep coming back to karting and your club.

To help you understand what good and bad behaviours look like, so you can tell someone if you need to, there is a list below to give you a guide. Remember if it makes you feel uncomfortable tell a trusted adult in your club.

### Safe Behaviours

**Contact:** Physical touch is not usually needed in karting. If it happens it should be in front of other people and WITH your consent, such as a pat on your back or high five to celebrate a good drive.

**Communication:** Guidance on your driving that is positive, helpful, and not based on you as a person.

Adults should be calm and kind and use words you easily understand.

Online communication should always include your parents or guardian.

**Boundaries:** When an adult has safe, good boundaries it means they:

- make sure you understand their role
- act friendly, but not a friend
- treat everyone the same
- follow the rules with taking photos of you
- always behave appropriately around you and other young people that they are in contact with

### Unsafe Behaviours

**Contact:** Any touch you do not consent to, or makes you feel uncomfortable.

Any touch that, seems sexual, involves your private parts, or embarrasses you.

Any touch that happens in a private place like a trailer or a car.

**Communication:** Any language or communication that makes you feel unsafe, worried, scared, or embarrassed.

Any comment online or in person that is sexual or private.

Any contact outside of karting activities (like late at night), via private chat, platforms (like socials or texting), is excessive or is about personal stuff and nothing to do with karting.

**Boundaries:** When an adult has unsafe, or poor boundaries it means they:

- favour or single you out
- accept or give gifts to you or your family
- contact you outside of karting activities, including through social media

